



Rinush is a kitchen assistant at Subway based at De Montfort University's Student Union.

Some of his daily tasks at his internship include:

- Preparing vegetables for the sandwich fillings
- Restocking the fridge with drinks for the customers
- Labelling and placing chilled ingredients in the kitchen fridge
- Washing utensils and kitchen equipment



RINUSH JEYARADNA

"I like to prepare and cut the cucumbers and peppers for the sandwiches using the special slicer."

"I also enjoy washing up and drying."

At times, especially busy hours such as university lunchtime, the tasks get faster paced or there might be a lot to do in a short space of time.

Rinush can feel overwhelmed by this but he gets lots of extra help from his mentor Claire and colleague Lauren to feel at ease with his tasks.

"Rinush is very keen to learn as he asks questions to help him work to his best ability with us as well as by himself. He works efficiently and he follows instructions really well."

- Claire and Lauren at Subway