

# Multi Skills Life Skills Pathway 2025-2026

**Preparing for Adulthood Courses** 

#### What is Preparing for Adulthood?

- There are 4 elements of the Preparing for Adulthood curriculum these are:
- 1) Employment, work experience and vocational skills
- 2)Independent Living skills
- 3) Friends, Relationships and Community
- 4) Good Health



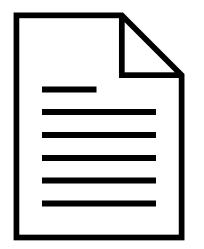
### General learning goals and aims of these pathways are: (6)



- To help students transition from school to life in further education
- To enable learners to identify their strengths, explore realistic aspirations
- To encourage students to explore the responsibilities of adulthood to contribute in the community, look after themselves and have friends
- To improve literacy and communication skills
- To develop basic skills (Functional Skills which will be the foundation for further study or used everyday in the community
- To explore ways to overcome barriers for learning
- To work towards individual learning steps

#### Literacy and Numeracy key focus:

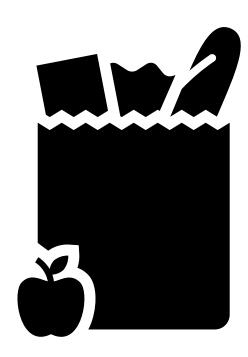
- Speaking and oracy
- Reading and writing
- Time
- Money
- Budgeting
- Reading timetables
- Using measurements
- Students who are able to work towards a qualification are encouraged to do so or students progress with be recorded as part of a RARPA system.





#### Independent Living Skills key focus:

- Personal care
- Shopping
- Cooking
- Travel training
- Personal safety
- Diet, exercise, our wellbeing
- What to do in emergencies
- Our health



#### Employability key focus:

- Cvs
- Vocational profiles
- Internal work experience
- Gateway Sweet market
- External work experience
- Access to job coaching support
- Team working
- Problem solving
- Customer Service Skills







## Sweet Market Enterprise

- A college enterprise which is created by the students a pop up shop and trolley which sells a variety of products to students and staff.
- Students link into awareness days and themed events to promote British Values.
- Students create boxes, displays, shop for sweets and sell to students and staff.
- The Pop up shop does go on the road, off site, to various menus also local offer live event, residential and care homes and also takes bespoke orders.

# Gallery of images



#### Personalised learning pathways

- Students at the start of the course will undertake a 6 week assessment period to assess their starting points, what students know and what they would like to do.
- Personalised learning goals are set with students on a termly basis.
- These are matched to EHCP outcomes.
- Students can gain accredited qualifications or bitesize Asdan accreditations.
- Progress is measured on a year by year basis.

#### Supporting transition

- We will support by:
- Observing student in class
- Getting all relevant information from school
- Offering bespoke 1 to 1 open visits
- Open days
- Access to taster days
- Giving of information re transition welcome pack
- Longer enrolment period all face- to- face appointments

