

# EXTENDED DIPLOMA IN SPORT

BTEC LEVEL 3



## COURSE OVERVIEW

The BTEC Level 3 Extended Diploma in Sport is an academic, practical and vocational course. You learn by completing projects and assignments that are based on realistic workplace situations and activities in addition to a number of externally set tasks and exams.

The course will develop your academic understanding of the sports industry. In addition, you will develop your sporting performance and expand your personal skills through sports leadership within lessons.

The course is equivalent to three 'A' levels.

## CAREER PROGRESSION

Learners who complete the BTEC Level 3 Extended Diploma often go onto further or higher education, studying HNDs or degrees in a range of disciplines including Sports Coaching, Sports Business, Sports Science, Sports Journalism or Physical Education Teaching qualifications. Others have continued their studies with us to pursue careers in the fitness industry with our REPs accredited AIQ qualifications in Fitness Instructing and Personal Training

## FURTHER INFORMATION

During this course you will build a portfolio of evidence which will include a variety of assessment evidence including witness testimonies, practical observations, written/oral questions, essays, reports, projects and presentations.

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## KEY FACTS

### Course Duration:

Two years

### Entry Requirements:

5 or more GCSEs grade C/5 or above including English Language, Maths and Science. It would also be beneficial to have a relevant level 2 qualification in Sport e.g. A GCSE in Physical Education or Level 2 Sport at a merit grade.

**Assessment:** 1st year: 90-Credit Diploma in Sport (Equivalent to 1.5 AS Level)

2nd year: Extended Diploma in Sport (Equivalent to 3 A Level)

### Assessment of 90-Credit Diploma in Sport:

Assessed by the completion of both internal and external assessments. 7 units will be studied consisting of 2 externally assessed and 5 internally assessed. The externally assessed units are assessed by a set task or a written exam

- Anatomy and Physiology
  - Fitness Training and Programming for Health, Sport and Well-being
- The internally assessed units that comprise the course are as follows:
- Professional Development in the Sports Industry
  - Sport Leadership
  - Application of Fitness Testing
  - Practical Sports Performance
  - Coaching for Performance

### Assessment of Extended Diploma in Sport:

Assessed by the completion of both internal and external assessments. 7 units will be studied consisting of 2 externally assessed and 5 internally assessed

- The externally assessed units are assessed by a set task or a written exam
- Development and Provision of Sport
- Investigating Business in Sport and the Active Leisure Industry

The internally assessed units that comprise the course are as follows:

- Sport Psychology
- Research Methods
- Skill Acquisition
- Technical and Tactical Demands in Sport
- Rules, Regulations and Officiating in Sport